Pain Clinical Forum

Specialist Section Trauma and Musculoskeletal Health

What meaningful activity we have engaged with?

- Representing RCOT as an **Occupational Therapist in** Parliamentary policy discussion in Westminster
- **Representing Occupational** Therapy on the NICE committee for development of National Chronic Pain **Guidelines**
- Being an active voice with **British Pain society**
- **Developing RCOT pain** specialist section and advising with guidelines for pain within Royal College of **Occupational Therapists**
- Being part of a network of professionals who can advise on pain for members when needed in all aspects

Table to show prevalence of pain by age strata

Why is this Pain Specialist Subsection important?

In the field of practice we use our skills to enable people to engage with meaningful occupations that chronic pain has detracted from

- We have core skills which empower and change
- We focus on helping an individual to break the pain cycle by restoring functional activities to increase well-being and quality of life
 - We use person centred techniques such as activity analysis, grading and pacing for resilience
 - We are duel trained in physical & mental health 人

"Chronic pain affects between one-third and one-half of the population of the UK, corresponding to just below 28 million adults. This figure is likely to increase further in line with an ageing population" BMJ (2015)

Join us!





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Thanks to RCOT Core Members of Specialist Section Pain Clinical Forum

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