



National Forensic
Occupational
Therapy Forum

9th Annual National Forensic Occupational Therapy Conference

Outcomes for Occupation

The Learning Centre & Network, Stafford
South Staffordshire & Shropshire Healthcare NHS Foundation Trust

9-10 December 2008

Introduction

2008 will see the 9th National Forensic Occupational Therapy Conference, held in association with the COT Specialist Section for Mental Health. To date, this forum has provided the opportunity for the forensic occupational therapy community to come together and share best practice on a variety of themes, from defining the role, through to bridging the gap into the community. Thus far it has proved to be an overwhelming success and clinicians, students, managers, researchers, educators and multi-professional colleagues are all invited to attend.

The theme for the 2008 conference is 'outcomes for occupation'. This will provide presenters with an opportunity to move from a position of describing the role of occupational therapy to proving its worth and unique contribution to forensic mental health services, whilst also adding to the research/evidence base for the profession.

This years conference will also host a 'Vacancies Board' to support the development of the profession and occupational therapy services within forensic mental health. Please bring along flyers of your vacancies to be displayed.

Student Places

This year, the organising committee would like to offer a limited number of subsidised places to final year students. In order to be considered for a place, you must submit a letter to the organising committee outlining why you would like to attend and how you could contribute to the conference.

Venue

The conference will take place at The Learning Centre & Network, South Staffordshire & Shropshire Healthcare NHS Foundation Trust, Corporation Street, Stafford, ST16 3AG. (Tel: 01785 221586). A local map, accommodation information and travel details will be sent with acknowledgement of registration.

Registration

Attendance at conference is limited and it is therefore recommended that places are reserved as soon as possible by returning the attached delegate registration form. The registration fee, inclusive of conference documentation, lunches and refreshments, is £275.00.

The closing date for registration is the 14th November 2008. In the event of cancellations notified in writing before the 14th November 2008 a 20% administration charge will be applicable. The registration fee must be paid in full in respect of cancellations received after the 14th November 2008. Please note that cancellations must be confirmed in writing and acknowledged by the conference administrators, or delegates will remain liable for the full registration fee.

Administration

The conference administration is being undertaken by:

Rachel Walklet
Learning Centre & Network
South Staffordshire & Shropshire
Healthcare NHS Foundation Trust
Corporation Street, Stafford
ST16 3AG

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Draft Programme

Tuesday 9th December 2008

09.30 Registration & Coffee

Opening Session

10.30 Welcome

Kathryn Mason, Consultant Forensic Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust

10.45 Introduction to Keynote Address

Mandy Lang, Head Occupational Therapist, Stockton Hall Hospital

11.00 Keynote Address

Wendy Robinson

12.00 Lunch, Networking and Poster Viewing

Parallel Session A

13.00 Paper Presentations Session A1

Is boredom our business? An initial literature review

Anita Bowser, OT Team Manager, Wessex Forensic Psychiatry Service / Specialised Services Directorate Lead Occupational Therapist, Hampshire Partnership NHS Trust

Mary Dickson, Occupational Therapy Specialist Practitioner, Ravenswood House, Wessex Forensic Service, Hampshire Partnership NHS Trust

Wendy Moody, Occupational Therapy Specialist Practitioner, Wessex Forensic Service, Hampshire Partnership NHS Trust

Competing with the MDT; Loss of role Vs diagnosis, medication and risk

Rhona Macleod, Head Occupational Therapist of Adult Forensic Services, Northumberland, Tyne and Wear NHS Trust

13.00 Paper Presentations Session A2

Occupational engagement in a regional secure unit

Karen Morris, Senior Lecturer in Occupational Therapy, University of Cumbria

Learning to walk all over again

Nerice Logue, Occupational Therapist, Adult Forensic Services, Northumberland, Tyne and Wear NHS Trust

Paul Mottram, Occupational Therapist, Adult Forensic Services, Northumberland, Tyne and Wear NHS Trust

13.00 Paper Presentation Session A3

Great expectations; Planning vocational pathways for the future

Kathryn Mason, Consultant Forensic Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust

Living and learning; An international work experience programme

Mark Spybey, Lead AHP / Lead Occupational Therapist / Training Lead, Forensic Directorate, Northumberland, Tyne and Wear NHS Trust

Rachel Finn, Occupational Therapist, Longbenton Community Mental Health Team

13.00 Workshop Session A

Reflections on community based collaborative working – an exploratory workshop

Sarah Beswick, Clinical Team Manager, Leeds Community Forensic Team, Leeds Partnership Foundation Trust

John Blanchard, Vocational Support Worker, Leeds Working Minds Project

Nicky Grulich, Senior Occupational Therapist, Community Forensic Unit, Leeds Partnership Foundation Trust

Draft Programme

Parallel Session B

- 14.00 **Paper Presentations Session B1**
A case study of occupational therapy and cognitive rehabilitation in a high secure setting
Sarah Reynolds, Occupational Therapist / Senior Cognitive Rehabilitation Coach, Ashworth Hospital, Merseycare NHS Trust
Sara Bryne, Occupational Therapist, Ashworth Hospital, Merseycare NHS Trust
Recovering ordinary lives: Using the 10 year strategy as a vision for ordinary Practice
Julie Somerville, Lead Occupational Therapist for Secure Services, Avon and Wiltshire Mental Health Partnership NHS Trust
- 14.00 **Paper Presentations Session B2**
Dinosaurs and patients walking hand in hand
Mandy Lang, Head Occupational Therapist, Stockton Hall Hospital
Coming Clean: Addressing self-care in the forensic psychiatric setting
Emma Chrobok, Occupational Therapist, Shaftsbury Clinic, South West London and St. Georges Mental Health NHS Trust
Julia-Marie Robinson, Occupational Therapist, Shaftsbury Clinic, South West London and St. Georges Mental Health NHS Trust
- 14.00 **Seminar Session B**
The continuing road to independence
Jane Roberts, Senior Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Simon Harrison, Charge Nurse, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Dr Melanie Davis, Clinical Psychologist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Kathryn Mason, Consultant Forensic Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
- 14.00 **Workshop Session B**
Social inclusion and forensic service users: A risky business?
A proposal for research (PhD)
Rachel Wakefield, Senior Occupational Therapist, Lincolnshire Partnership NHS Foundation Trust
- 15.00 **Refreshments and Poster Viewing**

Draft Programme

Parallel Session C

- 15.30 **Paper Presentations Session C1**
Health promotion through occupation—A holistic approach in high secure services
Yuvaraj Kaithamalai, Ashworth Hospital, Merseycare NHS Trust
The development of a health and fitness Service; Maintaining focus two years on
Andrew Murray, Senior Sports Instructor, Forensic Services, Northumberland, Tyne and Wear NHS Trust
Dimitrios Fragkoudis, Sports Instructor, Forensic Services, Northumberland, Tyne and Wear NHS Trust
- 15.30 **Paper Presentations Session C2**
Free biscuits! Setting up group work in a low secure forensic rehabilitation Service
Cathy Young, Technical Instructor, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Dr Melanie Davis, Clinical Psychologist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Dr Chris Davies, Consultant Clinical Psychologist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Accessing more than just the community—A community access group
Pippa Blatchford, Occupational Therapist, East London NHS Foundation Trust
Lisa Palmer, Occupational Therapist, East London NHS Foundation Trust
- 15.30 **Seminar Session C**
The real cost of the removal of occupation in mental health: A cognitive behavioural perspective
Sharon Wilday, Cognitive Behavioural Psychotherapist / Occupational Therapist, Portland Road Clinic
Alan Dovey, Cognitive Behavioural Psychotherapist / Nurse, Portland Road Clinic
- 15.30 **Workshop Session C**
Social inclusion from secure environments — How can it work? A Scottish experience
Moira Paterson, NHS Greater Glasgow & Clyde: NHS State Hospitals Board for Scotland
Catherine Totten, NHS Greater Glasgow & Clyde: NHS State Hospitals Board for Scotland
- 16.30 **Close**

Draft Programme

Wednesday 10th December 2008

09.00 Coffee

Opening Session

09.30 Introduction to Keynote Address

Rhona Macleod, Head Occupational Therapist of Adult Forensic Services, Northumberland, Tyne and Wear NHS Trust

09.40 Keynote Address

Jane Cronin-Davis, Course Leader MSc Occupational Therapy / Senior Lecturer, Leeds Metropolitan University

10.30 Refreshments and Poster Viewing

Parallel Session D

11.00 Paper Presentations Session D1

Social functioning groups in an inpatient Personality Disorder service: playtime or meaningful intervention?

Kimberley Pollard, Occupational Therapist, Northumberland, Tyne and Wear NHS Trust

Lian Higgott, Occupational Therapist, Northumberland, Tyne and Wear NHS Trust

Working with adult women survivors of child sexual abuse (CSA) and the impact on occupational functioning

Jackie Lambton, Greater Manchester West Mental Health NHS Foundation Trust

Carol Cassidy, Greater Manchester West Mental Health NHS Foundation Trust

11.00 Paper Presentations Session D2

Getting away with murder?

Catherine Dinning, Occupational Therapist, Northumberland, Tyne and Wear NHS Trust

The quality network for forensic mental health services peer review: reflecting on the process and outcomes

Julie Somerville, Lead Occupational Therapist for Secure Services, Avon and Wiltshire Mental Health Partnership NHS Trust

11.00 Seminar Session D

Strength management: The role of occupational therapy in START (Short Term Assessment of Risk and Treatment)

Linda Fossen Wolfe, Director of the Occupational Therapy Unit/Occupational Therapist, St Olav's Hospital, Norway

Cesilie Bjorvik, Occupational Therapist, St Olav's Hospital, Norway

11.00 Workshop Session D

The National Forensic OT Forum; Work plan 2009

Mark Spybey, Lead AHP / Lead Occupational Therapist / Training Lead, Forensic Directorate, Northumberland, Tyne and Wear NHS Trust

Jane Cronin-Davis, Course Leader MSc Occupational Therapy / Senior Lecturer, Leeds Metropolitan University

12.00 Lunch and Networking

Draft Programme

Parallel Session E

- 13.00 **Paper Presentations Session E1**
Growing back to health; Conserving our future
Maria Harris, Occupational Therapist, St Andrews Healthcare, Northampton
Audit into action – The creation of an AMPS clinic in a high security hospital
Ian Merrick, Clinical Specialist Occupational Therapist, West London and Mental Health NHS Trust
John Woods, Occupational Therapist, West London and Mental Health NHS Trust
- 13.00 **Paper Presentations Session E2**
Contributing to the outcomes: A Technical Instructor / Activity Workers role within a forensic occupational therapy service
Cath Brady, Technical Instructor, Northumberland, Tyne and Wear NHS Trust
Louise Finlay, Activity Worker, Northumberland, Tyne and Wear NHS Trust
The great grub chefs: Evaluating a recipe of good food, social interaction and link working
Sandie Dickson, Occupational Therapist, NHS State Hospital Board for Scotland
- 13.00 **Paper Presentations Session E3**
What outcomes? Are we trying to measure the right things?
Mandy Graham, Specialist Occupational Therapist, South West Yorkshire Mental Health Trust
Catherine Osgerby, Lead Occupational Therapist for Learning Disability Directorate at Rampton Hospital, Nottingham Healthcare NHS Trust
An exploration of multidisciplinary staffs' views of patients occupational needs in a mental health low secure unit
Laura Akers, Occupational Therapist, Dorset Healthcare NHS Foundation Trust
- 13.00 **Paper Presentations Session E4**
The impact of occupational therapy on a forensic intensive care unit; staff and service user perspectives
Jane Joesbury, Senior Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Jameson Joyce, Occupational Therapy Assistant, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Service User, Forensic Mental Health Services Directorate, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
Kathryn Mason, Consultant Forensic Occupational Therapist, South Staffordshire & Shropshire Healthcare NHS Foundation Trust
- 14.00 **Refreshments and Poster Viewing**

Closing Session

- 14.30 Evaluation and Round-up session
15.00 Close

9th

Annual National Forensic Occupational Therapy
Conference 9th-10th December 2008
The Learning Centre & Network, Stafford

Delegate Registration Form

Title (Dr, Mr, Mrs, Ms etc)

First Name

Last Name

Position

Organisation

Address for Correspondence

.....

..... Postcode

Telephone Fax

Email

Specific dietary requirements e.g. vegetarian (if applicable, please give details below)

.....

Other needs e.g. access (if applicable, please give details below)

.....

Fees

Registration fee £275

Conference meal £15

Method of Payment

Please tick appropriate box

I enclose a cheque for £ _____ made payable to
South Staffordshire & Shropshire Healthcare NHS Foundation Trust

Please send me an invoice for £ _____ to the following:

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I have noted that a 20% administration charge will be applicable for cancellations notified in writing before 14th November 2008 and after that date the registration fee must be paid in full. I understand that cancellations must be confirmed in writing and acknowledged by the conference administrators or I will remain liable for the full registration fee.

Signed Date

Please complete and return by 14th November 2008 to the following

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